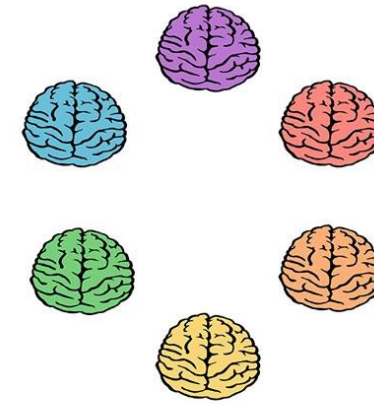
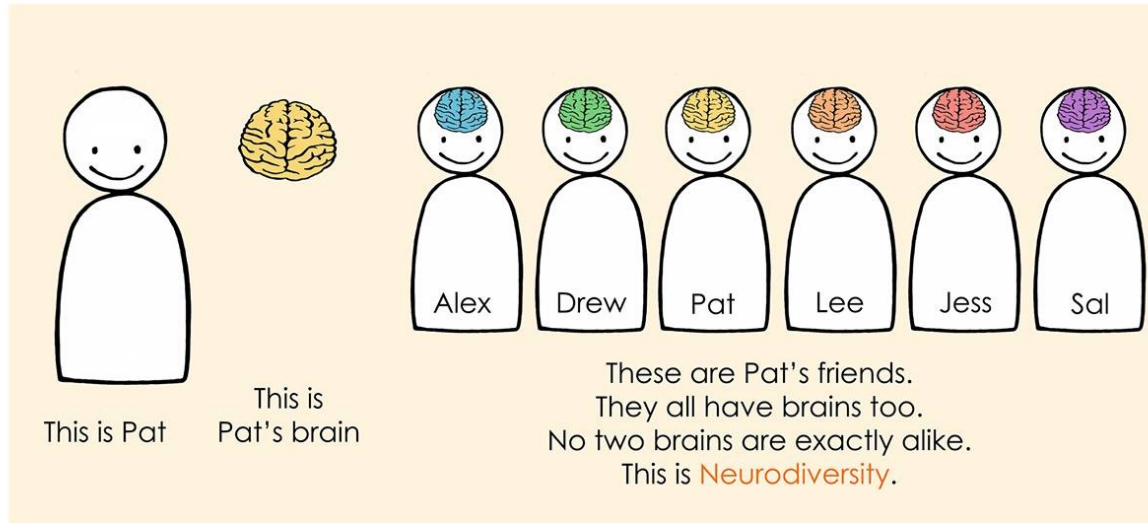


What is Neurodiversity?



neuro-
relating to nerves
or the nervous system

diversity
the state of being
diverse

diverse
showing a great
deal of variety;
very different

Some people's brains are similar enough that they behave in ways that are categorised and labelled. Some of these labels are typical, schizophrenic, bipolar, autistic, and epileptic.

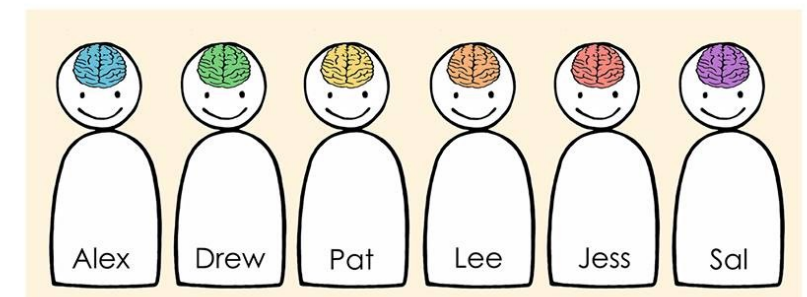


All of these labels (except "typical") indicate neurodivergence, that is, a deviation of a brain from society's expectation of normality



Not all neurodivergence is diagnosed, or even diagnosable. This means that not all people who are perceived as neurotypical are in fact so.

Neurodivergence is neither "good" nor "bad." A person can be born with it, or it can be acquired. It is up to each neurodivergent individual to decide what help they desire.



Pat and friends are comfortable with their individual divergences and their diversity as a group. They support each other's rights to self-determination, and they value the strengths they each bring to their group of friends.

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